



Fauzihain (Ogy) Abu Bakar

LANGUAGES:
ENGLISH & MALAY

CERTIFIED:



VITALSMARTS
VIRTUAL
CLASSROOM
CERTIFIED

In my free time, I like to: Practice and teach yoga (for over 15 years), travel, rock climb, run, hike, and work with social services.

AREAS OF EXPERTISE

- Automotive
- Banking & Insurance
- Education
- Energy
- IT

NOTABLE CLIENTS

- Averis
- Collins Aerospace
- Malaysia Marine & Heavy Engineering
- Ranhill
- Herbalife
- Mitsubishi
- Petronas
- Samsung
- Experian

EDUCATION

BBA, Computer Information Science

Temple University, Philadelphia, USA

Associate Degree

MARA Community College, Malaysia

Certified Trainer

HRDF (Human Resources Development Fund)

RYT 200 Certified

Yoga Alliance

Fauzihain (Ogy) always seeks to help her audience “know something they didn’t know before and do something they could not do before.” To that end, she empowers learners to seek answers and she emphasizes personal application, sharing of experience, and self-directed improvement in her training.

With over 23 years of experience in oil and gas, banking, and research, she frequently provides learners with case studies to demonstrate how training skills can be applied.

She has also travelled extensively, particularly to Houston, Dallas, Melbourne, Jakarta, and Peninsular Malaysia. Although traditionally raised, most of Ogy’s tertiary education and corporate career has occurred in the western hemisphere. Consequently, her unique facilitation style offers the best from both worlds, merging her knowledge of various philosophies to encourage empathy in learners as they develop leadership skills. She enjoys mentoring new leaders through organizations such as Women Interest Network and Toastmaster Club and in 2010 was recognized with the ExxonMobil Mentor of the Year award.

Ogy is passionate about people and her exceptional interpersonal and communication skills are driven by that passion. She is an energized, dynamic speaker, deeply passionate, and fun.

“Ogy is willing to share her own personal experience in order for us to better understand the topic and the impact if we do not hold a Crucial Conversations when need arises. She is energetic, engaging and able to keep the momentum throughout the course duration. She knows her material well and would relate the theories into real life situation. Her personality is also pleasant. She walks the talk.”

Training Participant